

Waterford at Fairway Village – Life Enrichment / Wellness Daily Events



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:30 am Fun & Fitness (A) 10:30 am Get Fit (F) 3:30 pm Pet Therapy (HV)	9:30 am Exercises (A)	9:30 am Fun & Fitness (A) 10:00 am Catholic Communion (CR) 10:30 am Get Fit (F) 1:30 pm iPad Classes (com) * New program *	9:30 am Exercises (A) 4:00 pm Weight Watchers (F) 6:30 pm Open Art Space (A)	9:30 am Fun & Fitness (A)	10:30 am Fun & Fitness (A)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			10:30 Creative Writing (A) 1:00 pm Waterford Express (M) 2:00 pm Welcome Comm. (CR) 3:00 pm Garden Club (A) 3:00 pm Needle Crafters (L) 7:00 pm \$ Bingo \$ (F) <i>1</i>	9:00 am Stepping Out (O) 11:00 am Shanghai Noble (O) 1:00 pm ASL Resident Meeting (WAG) 2:00 pm Memory Walk Fundraiser: Car Wash (Lobby) 3:30 pm Posture/Balance (A) <i>2</i>	11:00 am Brain Builder's I (A) 1:00 pm Facebook (com) 3:00 pm Activity Committee Meeting (CR) 6:00 pm Sing-A-Long <i>3</i>	1:30 pm Candy Bingo (A) 3:30 pm Popcorn Social (Mall) 7:00 pm Movie: "Sweet Charity" (F) <i>4</i>
1:30 pm Bunco (A) 3:00 pm Board Games (A) 3:30 pm Chapel Service (F) <i>5</i>	Labor Day 8:00 am Men's Breakfast (CD) 9:30 am Bridge (H) 1:30 pm Cooking Group With Heidi (A) <i>6</i>	1:30 pm Candy Bingo (A) 1:30 pm Audiologists (CR) 2:30 & 3:00 pm Computer Class (com) 3:30 pm Posture/Balance (A) 6:30 pm Duplicate Bridge (H) <i>7</i>	9:00 am Memory Walk Bake Sale (Mall) 10:30 pm Creative Writing (A) 1:00 pm Waterford Express (M) 3:00 pm Garden Club (A) 3:00 pm Needle Crafters (L) 7:00 pm \$ Bingo \$ (F) <i>8</i>	9:30 pm Trip: Mt. Hood (O) 2:00 pm Brain Builder's II (A) 3:30 pm Posture/Balance (A) <i>9</i>	11:00 am Brain Builder's I (A) 1:00 pm Facebook (com) 3:00 pm Apple Tasting (A) 7:30 pm Family Swim (P) <i>10</i>	10:30 am Brain Builder's Homework Session (CR) 1:30 pm Candy Bingo (A) 3:30 pm Popcorn Social (Mall) 7:00 pm Movie: "Sweet Liberty" (F) <i>11</i>
1:30 pm Bunco (A) 3:00 pm Board Games (A) 3:30 pm Chapel Service (F) <i>12</i>	8:00 am Men's Breakfast (CD) 9:30 am Bridge (H) 1:30 pm Mystery Trip (O) 3:30 pm Pet Therapy (HV) 4:00 pm Wii Games with Elliot (F) 7:00 pm Great Decisions (F) <i>13</i>	11:00 am Crafts w/ Marilyn (A) 1:00 pm Bridge Refresher (H) 1:30 pm Candy Bingo (A) 1:30 pm Pool Tournament 2:30 & 3:00 pm Computer Class (com) 3:30 pm Posture/Balance (A) <i>14</i>	10:30 pm Creative Writing (A) 1:00 pm Waterford Express (M) 1:30 pm Pool Tournament 3:00 pm Garden Club (A) 3:00 pm Needle Crafters (L) 4:30 pm Birthday Dinner (HD) 5:00 pm Birthday Dinner (CD) <i>15</i>	9:00 am Stepping Out (O) 10:45 am Lunch Bunch: Ruby Tuesday (O) Entertainment: Phil Hall during HD Lunch 2:00 pm Brain Builder's II (A) 3:30 pm Posture/Balance (A) <i>16</i>	11:00 am Brain Builders I (A) 1:00 pm Facebook (com) 6:00 pm Sing-A-Long <i>17</i>	10:30 am Brain Builder's Homework Session (CR) 1:30 pm Candy Bingo (A) 3:30 pm Popcorn Social (Mall) 7:00 pm Movie: "Young Victoria" (F) <i>18</i>
Active Aging Week (Brain Fitness/Physical Fitness Celebrations – Look at Week at A Glance for Upcoming Events) 1:30 pm Bunco (A) 3:00 pm Board Games (A) 3:30 pm Chapel Service (F) <i>19</i>	8:00 am Men's Breakfast (CD) 9:30 am Bridge (H) 12:00 pm Cottage Luncheon (CD) 1:30 pm Mystery Trip (O) 3:00 pm All Res. Meeting (CD) 3:30 pm Pet Therapy (HV) 4:00 pm Wii Games (F) <i>20</i>	1:00 pm Bridge Refresher (H) 1:30 pm Candy Bingo (A) 2:00 pm Wine Tasting (CR) 2:30 & 3:00 pm Computer Class (com) 3:30 pm Posture/Balance (A) 6:30 pm Duplicate Bridge (H) <i>21</i>	10:30 pm Creative Writing (A) 1:00 pm Waterford Express (M) 3:00 pm Garden Club (A) 3:00 pm Needle Crafters (L) 7:00 pm \$ Bingo \$ (F) <i>22</i>	9:00 am Stepping Out: Round Lake (O) 1:00 pm Shopping: Trader Joes 2:00 pm Brain Builder's II (A) 3:30 pm Posture/Balance (A) 7:00 pm Let's Talk (CR) <i>23</i>	10:00 am Memory Walk (Lobby) 1:00 pm Facebook (com) 1:30 pm Herb Schwartz: Defending America's People & Prosperity (F) 4:00 pm Happy Hour (FR) <i>24</i>	10:30 am Brain Builder's Homework Session (CR) 1:30 pm Candy Bingo (A) 3:30 pm Popcorn Social (Mall) 7:00 pm Movie: Laugh in Movie (F) <i>25</i>
8:30 am Memory Walk (O) 12:00 pm & 1:30 pm Sunday Brunch (CD) 1:30 pm Bunco (A) 3:00 pm Board Games (A) 3:30 pm Chapel Service (F) <i>26</i>	8:00 am Men's Breakfast (CD) 9:30 am Bridge (H) 1:30 pm Mystery Trip (O) 3:00 pm Cooking Group (A) 3:30 pm Pet Therapy (HV) 3:30 pm Entertainment: Monty Watters (FR) 4:00 pm Wii Games (F) <i>27</i>	11:00 am Crafts w/ Marilyn (A) 1:00 pm Bridge Refresher (H) 1:30 pm Healthy Bingo (A) 2:30 & 3:00 pm Computer Class (com) 3:30 pm Posture/Balance (A) 3:30 pm Tempo II (FR) 6:30 pm Duplicate Bridge (H) <i>28</i>	10:30 pm Creative Writing (A) 1:00 pm Waterford Express (M) 3:00 pm Garden Club (A) 3:00 pm Needle Crafters (L) 7:00 pm \$ Bingo \$ (F) <i>29</i>	9:00 am Stepping Out: Waterfront (O) 11:00 am Shopping: Vancouver Mall (O) 2:00 pm Brain Builder's II (A) 3:30 pm Posture/Balance (A) <i>30</i>		

Key

- (A) - Activity Room
- (CL) - Claremont
- (CD) - Courtside Dining
- (CP) - Courtside Patio
- (Com) - Computer Lab
- (CR) - Crystal Room
- (F) - Forum
- (FOY) - Foyer
- (FR) - Fireside Room
- (H) - Hoyle Room
- (HFC) - Health & Fitness Club
- (HD) - Heritage Dining
- (L) - Library
- (M) - Model Train Room
- (O) - Off Campus
- (P) - Pool
- (WAG) - Waterford Art Gallery

Scheduled Transportation

Dr. Appointments: Please give us 24 hours notice

Tuesday: 8:30 am – 2:30 pm

Wednesday: 8:30 am – 2:30 pm

To schedule an appointment, call the transportation department at 1022.

Grocery Shopping:

Wednesday: 1:30 pm

Friday: 10:00 am

September 2010



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Trip Sign-Up Sheets:

Sign-up sheets are located on the board next to the Front Desk. Space is limited, please sign up early.

Fees for Programs:

If there is a fee associated with transportation for a trip, you will be billed monthly. No need to bring cash.

Waterford Resident Executive Officers:

Sandra Johnson	President
Jim Frew	Vice President
Liz Hyde	Secretary
Joe Fritz	Treasurer
Don Gardner	Immediate Past President

2010 Committee Chairs:

Mary Ellen Vaughan	Activities
Alice Whitley	Assisted Living
Rosaline Mallory	Cottage Life
Jim Frew	Dining Room
Dan Graff	Exterior
Ken Johnson	Interior
Cill Triebs	Library
Bob O' Sullivan	Resident Manual
Walt & Marge Mortlock	Welcoming Committee

Life Enrichment Calendar

September 2010