

# Waterford at Fairway Village – Life Enrichment / Wellness Daily Events



A Touchmark® community  
Est. 1980

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1:30 pm Bunco (A) 3:00 pm Board Games: Rummikub (A) 3:30 pm Chapel Service (F)	9:30 am Fun & Fitness (A) 10:30 am Get Fit (F) 2:30 & 3:30 pm Computer Classes (Com)	9:30 am Exercise (A) 10:30 am Pet therapy: Piper (HV) 1:00 pm Bridge Refresher (H) 3:00 pm Free Blood Pressure Checks (F) 6:30 pm Duplicate Bridge (H)	9:30 am Fun & Fitness (A) 10:00 am Catholic Comm. CR) 10:30 am Get Fit (F) 1:30 pm Posture / Balance (A) 1:30 pm iPad Class (Com) 1:30 pm Shopping at Fred Meyers (O) 2:00 pm Your Support Group By Daphne (CR) 3:00 pm Needle Crafter's (3 <sup>rd</sup> ) 3:00 pm Garden Club (A)	9:30 am Exercise (A) 10:30 am Open Art Space (A) 12:45 pm Afternoon Matinee (F) 4:00 pm Weight Watchers (F)	9:30 am Fun & Fitness (A) 10:00 am Grocery Shopping At Fred Meyers (O) 1:00 pm Facebook Class (Com) 1:30 pm Posture / Balance (A)	10:30 am Fun & Fitness (A) 11:00 am Brain Builder's Homework Session (CR)  <b>Humphrey Bogart Movies Month</b>

						10:30 am Fun & Fitness (A) 11:00 am Brain Builder's Homework Session (CR) 1:30 pm Candy Bingo (A) 2:15 pm Vancouver Symphony (O) 3:30 pm Popcorn Social (Mall) 7:00 pm Movie: "Beat the Devil" (F) <i>1</i>
1:30 pm Bunco (A) 3:00 pm Board Games: Rummikub (A) 3:30 pm Chapel Service (F)  <i>2</i>	8:00 am Men's Breakfast (CD) 9:30 am Bridge (H) 1:30 pm Ind. Mystery Trip (O) 2:00 pm Bible Study (CR) 2:30 / 3:00 pm Computer Classes (Com) 3:30 pm Entertainment: Ron Ruiz (FR) <i>3</i>	10:30 am Welcome Comm. (CR) 10:30 am Pet Therapy: Piper (W) 1:00 pm Bridge Refresher (H) 1:30 pm Candy Bingo (A) 1:30 pm Audiologist (W) 3:00 pm Blood Pressure Checks (F) <i>4</i>	10:30 am Coffee with Heather & Marilyn (CP) 1:00 pm Waterford Express (M) 1:00 pm Parkinson's Support (F) 1:30 pm Posture /Balance (A) 3:00 pm Pet Therapy: Hanky (W) 3:00 pm Needle Crafters (3 <sup>rd</sup> ) 3:00 pm Garden Club (A) 7:00 pm \$ Bingo \$ (F) <i>5</i>	9:00 am Stepping Out: Vancouver Waterfront (O) 11:00 am Shopping: Westfield Vancouver Shopping Mall 10:30 am Open Art Space (A) 1:00 pm ASL Resident Meeting (W) 2:00 pm Brain Builder's II (A) <i>6</i>	11:00 am Brain Builder's I (A) 1:00 pm Facebook Class (Com) 1:00 pm Lost and Found (F) 1:30 pm Posture /Balance (A) 3:00 pm Activity Committee Meeting (CR) 6:00 pm Sing-A-Long With Irene (FR) <i>7</i>	10:30 am Fun & Fitness (A) 11:00 am Brain Builder's Homework Session (CR) 1:30 pm Candy Bingo (A) 3:30 pm Popcorn Social (Mall) 7:00 pm Movie: "The Caine Mutiny" (F) <i>8</i>
1:30 pm Bunco (A) 3:00 pm Board Games: Rummikub (A) 3:30 pm Chapel Service (F)  <i>9</i>	8:00 am Men's Breakfast (CD) 9:30 am Bridge (H) 1:30 pm Mystery Trip (O) 2:00 pm Bible Study (CR) 2:30 / 3:00 pm Computer Classes (Com) 5:00 pm Movie w/ Brandi & Caitlin (O) 7:00 pm Great Decisions (F) <i>10</i>	10:30 am Pet Therapy: Piper (W) 11:00 am Crafts w/ Marilyn (A) 1:00 pm Bridge Refresher (H) 1:30 pm Candy Bingo (A) 3:00 pm Pet therapy: Winnie (W) 3:30 pm Blood Pressure Checks (F) <i>11</i>	10:30 am Coffee with Heather & Marilyn (CP) 1:00 pm Waterford Express (M) 1:30 pm Posture /Balance (A) 3:00 pm Garden Club (A) 3:00 pm Needle Crafters (3 <sup>rd</sup> ) 7:00 pm \$ Bingo \$ (F) <i>12</i>	9:00 am Stepping Out: David Douglas Park (O) 10:45 am Lunch Bunch: Columbia River Gorge Hotel (O) 1:30 pm Brain Builder's II (A) 3:30 pm Touchmark's Oktoberfest With Hans Schmidt Band (FR) 7:00 pm Behind the Headlines (CR) <i>13</i>	11:00 am – 3:00 pm Garments On the Go (F) 11:00 am Brain Builder's I (A) 1:00 pm Facebook Class (Com) 1:30 pm Posture /Balance (A) 2:00 pm Laugh-In (CR) 3:00 pm Travelogue: Germany (FR) <i>14</i> 7:00 pm Family Swim (P) <i>14</i>	10:30 am Fun & Fitness (A) 11:00 am Brain Builder's Homework Session (CR) 1:30 pm Candy Bingo (A) 3:30 pm Popcorn Social (Mall) 7:00 pm Movie: "Treasure of the Sierra Madre" (F) <i>15</i>
1:30 pm Bunco (A) 3:00 pm Board Games: Rummikub (A) 3:30 pm Chapel Service (F)  <i>16</i>	8:00 am Men's Breakfast (CD) 9:30 am Bridge (H) 12:00 pm Cottage Ladies Luncheon (CD) 1:30 pm Mystery Trip (O) 2:00 pm Bible Study (CR) 2:30 pm Computer Class (Com) 3:00 pm All Res. Meeting (CD) 7:00 pm Book Club (CR) <i>17</i>	10:30 am Pet Therapy: Piper (W) 1:30 pm Healthy Bingo (A) 2:00 pm Wine Tasting (W) 3:00 pm Blood Pressure Checks (F) 3:45 pm Entertainment Evergreen High School (FR) <i>18</i>	10:30 am Coffee with Heather & Marilyn (CP) 1:00 pm Waterford Express (M) 1:30 pm Posture /Balance (A) 3:00 pm Pet Therapy: Hanky (W) 4:30 pm Birthday Dinner (HD) 5:00 pm Birthday Dinner (CD) 7:00 pm \$ Bingo \$ (F) <i>19</i>	<b>World Osteoporosis Day</b> 11:00 am Outing to: Sauvie's Island (O) 12:45 pm Afternoon Matinee (F) 1:30 pm Brain Builder's II (A) 6:00 pm Private Tasting Dinner (see flyer) (CR) <i>20</i>	10:30 am Wheelchair / Walker Repairs (F) 10:30 am Entertainment: Monty Watters (FR) 1:30 pm My Story: Caitlin Q. VanDerSchaff-Tipton (F) 6:00 pm Sing-A-Long With Irene (FR) <i>21</i>	10:30 am Fun & Fitness (A) 11:00 am Brain Builder's Homework Session (CR) 1:30 pm Candy Bingo (A) 3:30 pm Popcorn Social (Mall) 7:00 pm Movie: "Sabrina" (F) <i>22</i>
1:30 pm Bunco (A) 3:00 pm Board Games: Rummikub (A) 3:30 pm Chapel Service (F)  12:00 pm & 1:00 pm Seating For Brunch (CD) Same programs as listed on 23 <sup>rd</sup> <i>23/30</i>	8:00 am Men's Breakfast (CD) 9:30 am Bridge (H) 10:30 am Pet Therapy: Pomeranians (HV) 1:30 pm Mystery Trip (O) 2:00 pm Bible Study (CR) 2:30/ 3:00 pm Computer Classes (Com) <b>Halloween</b> <i>24/31</i>	10:30 am Pet Therapy: Piper (W) 11:00 am Crafts w/ Marilyn (A) 1:00 pm Bridge Refresher (H) 1:30 pm Candy Bingo (A) 3:00 pm Blood Pressure Checks (F) <i>25</i>	10:30 am Coffee with Heather & Marilyn (CP) 1:00 pm Waterford Express (M) 1:30 pm Posture /Balance (A) 3:00 pm Garden Club (A) 3:00 pm Needle Crafters (3 <sup>rd</sup> ) 7:00 pm \$ Bingo \$ (F) <i>26</i>	9:00 am Stepping Out: Fish Hatchery (O) 10:00 am Powell's Book Store (O) 12:45 pm Afternoon Matinee (F) 2:00 pm Brain Builder's (A) 6:00 pm Casino Costume Party (FR) <i>27</i>	10:00 am Knowledge Beginnings Halloween Parade (Mall) 11:00 am Brain Builder's I (A) 1:00 pm Facebook Class (Com) 1:30 pm Posture /Balance (A) <i>28</i>	10:30 am Fun & Fitness (A) 11:00 am Brain Builder's Homework Session (CR) 1:30 pm Candy Bingo (A) 3:30 pm Popcorn Social (Mall) 7:00 pm Movie: "Casablanca" (F) <i>29</i>

## Key

- (A) - Activity Room
- (CL) - Claremont
- (CD) - Courtside Dining
- (Com) - Computer Lab
- (CR) - Crystal Room
- (F) - Forum
- (FOY) - Foyer
- (FR) - Fireside Room
- (H) - Hoyle Room
- (HFC) - Health & Fitness Club
- (HD) - Heritage Dining
- (HV) - Home Visits
- (L) - Library
- (M) - Model Train Room
- (O) - Off Campus
- (P) - Pool
- (W) - Waterford Art Gallery
- (3<sup>rd</sup>) - 3<sup>rd</sup> Floor Lobby

## Scheduled Transportation

### Dr. Appointments: Please give us 24 hours notice

**Tuesday:** 8:30 am – 2:30 pm

**Wednesday:** 8:30 am – 2:30 pm

To schedule an appointment, call the transportation department at 1022.

### Grocery Shopping:

**Wednesday:** 1:30 pm

**Friday:** 10:00 am

# October 2011



*Waterford at Fairway Village*

*October 2011 – Life Enrichment/Wellness*

***Trip Sign-Up Sheets:***

Sign-up sheets are located on the board next to the Front Desk. Space is limited, please sign up early.

***Fees for Programs:***

If there is a fee associated with transportation for a trip, you will be billed monthly. No need to bring cash.

***2011 Committee Chairs:***

Mary Ellen Vaughan	Activities
Norma Swanson	Assisted Living
Flora Geiger	Cottage Life
John Perry	Dining Room
Don Gardner	Exterior
Kitty Welsh	Interior
Cill Triebs	Library
Bob O'Sullivan	Resident Manual
Mary Lou DuVall	Welcoming Committee

# Life Enrichment Calendar

## October 2011